MYTH

THE BEST WAY TO PLANT TREES AND SHRUBS IS TO ADD SOIL AMENDMENTS TO NEWLY-DUG HOLE



THE FACTS

Adding organic matter, fertilizer or other substances to the planting hole of a LARGE TREE or PERENNIAL SHRUB can REDUCE plant growth

Adding amendments to backfill promotes root growth, BUT

- Roots and water DO NOT move well across the interface between amended soil and native soil
 - when roots hit the edge of the hole and encounter natural soil, they can circle back into the amended soil and create a ROOT-BOUND plant
- If organic amendment is not completely decomposed it may cause large trees and shrubs to settle
 - The root collar may sink below the soil and predispose the plant to a host of health problems.

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USE ORGANIC AMENDMENTS AS A TOP DRESS AROUND TREES AND SHRUBS

Research also suggests planting a tree or perennial shrub in a WIDE PLANTING HOLE THE SAME DEPTH AS THE ROOT BALL and WASHING ROOTS before planting (see Planting Trees and Shrubs and Root Washing links in references)

REFERENCES

Oregon State University Extension

https://www.oregonlive.com/hg/2017/02/gardening_myths_debunked_by_or.html

Washington State University Extension

https://s3.wp.wsu.edu/uploads/sites/403/2015/03/soil-amendments.pdf https://s3.wp.wsu.edu/uploads/sites/2076/2015/05/C100-Planting-Trees-Shrubs-15.pdf

Root Washing

https://www.finegardening.com/article/root-washing-why-and-how-to-washroots